



**TOOLS  
OF THE  
MIND**

# Let's Pretend . . .

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Are you ready to pretend?  
Let's go!





Close your eyes.



Now open them...



We're in a grocery store!



Everyone needs food.



Some people get their food from local farms.



Some people grow food in their gardens.

# welcome

Where does your family get your food? Turn and tell a friend.



But most people buy their food at a grocery store. Sometimes, it's also called a supermarket.





Newspaper ads show you what's on sale each week. You can look through them for bargains so you can save money. I look through the ads to make my shopping list. Peaches are on sale this week so I think I'll add them to the list. So is yogurt.

Pretend to add some things on sale to your list, too.



It helps to make a list of what you need. I'm writing down milk, bread, eggs, apples, and some other things my family needs. Writing it down helps you remember.

Think about the groceries you need to buy. Turn and tell a friend what you could add to your list and pretend to write it down.

A hand-drawn grocery list is written on a piece of lined paper. The list includes: milk, bread, eggs, apples, oranges, chicken, salmon, rice, pasta, and cereal. A silver pen with a textured grip is lying on the right side of the paper. The paper is placed on a wooden surface, and a portion of a white calculator is visible in the top left corner.

milk  
bread  
eggs  
apples  
oranges  
chicken  
salmon  
rice  
pasta  
cereal

Pretend to open your refrigerator, and check off what you need on your phone, so you'll remember when you get to the store. Do you need milk? Check it off. Meat? Eggs?



Some people make their lists right on their phones so they can easily look at it when they get to the store.





Will a basket be enough to fit the groceries on your list?

Now it's time to go the grocery store! If you only need a few items, you can use a small basket and carry it on your arm.



Pretend you are carrying a heavy basket. Does your hand hurt? Ugh! We should have gotten a shopping cart! Let's go get one.

Uh-oh. This basket is full, and it's heavy! I have so many groceries on my list, that I am going to get a shopping cart today.



A shopping cart is helpful because my little girl can ride in the cart to be safe. “Oh no! I forgot my list,” I tell her.” I should have saved it right on my phone. Will you help me remember to buy your favorite cereal?”




You see lots of people working at the grocery store. This man is a clerk in the Deli.



The produce manager is very friendly. He has lots of fresh fruits and vegetables.





What's on sale at your pretend grocery store? What can you say to encourage a customer to buy your produce?

He likes to encourage customers to buy his produce! He says, "We're having a sale on grapes. They are really delicious! Do you want to take some home with you today?"

The grocery store even has a bakery with giant ovens. The baker wears a chef's hat and big oven mitts on his hands because the ovens are hot.

I ask him, "Do you have any chocolate croissants?" He says, "Coming right up! Nice and hot! How many do you want?"

Pretend you are the baker, and I ask, "Do you have any chocolate croissants?" What will you say to me? I hope you say, "Yes!"





The grocery store is such a busy place. Sometimes we see friends and neighbors who are also shopping. I say, "Hello. Oh look! Your baby has grown so much!"



After you have found everything on your list, it's time to check out. Hmm. . . did I remember everything on the list? I better check it.



We have to wait in a check out line. The cashiers use scanners and cash registers to enter in how much each item costs, and the total amount the customer needs to pay. The cashier says, “Do you have any coupons? Did you find everything you needed?”




The cashier asks a lot of questions. “How do you want to pay, today? Will that be cash or credit?” I say, “I will pay with a credit card.” “Paper or plastic bags,” he asks next. “Would you please bag the groceries in paper bags? Thank you.” He even gives a sticker to my little girl. It makes her so happy!

Pretend you're a cashier and you're helping a customer. What will you say? Will you give a sticker to the customer's child?





When I get home, I pretend to play grocery store with my dolls. First, I make a list and then I pretend to drive to the store. I put the baby in the carriage, and my dolls shop for food. I'm going to be the cashier!



Now it's your turn to pretend and play grocery store!





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**Tools of the Mind** is a research-based early childhood model combining teacher professional development with a comprehensive innovative curriculum that helps young children to develop the cognitive, social-emotional, self-regulatory, and foundational academic skills they need to succeed in school and beyond.

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